



Third Party Payer Price Sheet

Diabetes / Prediabetes Treatment & Prevention Programs

Prepared for

Date

Valid through



About NutriTutor® Turnkey Services

NutriTutor® Drives Value...Lowers Costs

NutriTutor® offers payers an immediate solution to the diabetes epidemic and its compensation crisis. Developed by Registered Dietitians and Certified Diabetes Educators, and with the help of people who have chronic diseases; NutriTutor® offers the world's only patient-centered disease self-management training. Our evidence-based programs combine the best of science and e-training standards into a customized and interactive environment, meeting criteria for accountable care, the patient-centered medical home, value-based design, and disease-centered organizations. Launching with Diabetes Self-Management Training for type 2 and prediabetes, NutriTutor® offers the ultimate outcomes-driven solution for both patients and their associated companies.

People with type 2 diabetes are heavy users of healthcare resources, costing almost 2 ½ times more than other Americans. The updated statistics are not yet out; but the U.S. paid \$174 billion to treat diabetes in 2007. Diabetes is an entirely manageable disease; so what's the problem? The American Association of Diabetes Educators tells us that as few as 1% of people with diabetes know how to control the disease; passing the costs on to you.

To save money on claims, payers must offer people training. **Diabetes Self-Management Training** is the gold standard prescribed by physicians to treat type 2 diabetes and prediabetes; proven to yield a \$4.34 return for every \$1 invested. The usual payer price for this instruction is up to \$380 per person. Now this robust training is available online as a **turnkey** addition to your website for 50% of the usual cost.

NutriTutor® programs are unique in that they are learner-centered and brimming with interactive skill practice and customized feedback; thereby improving self-reliance and personal empowerment. Programs supply superior training with a robust set of customized downloadable tools, clinician support, and plenty of time to learn. They encourage disease ownership, goal-setting, behavior change, lifelong learning, relevant communication with the healthcare team, and appropriate use of medical services.

Modeled after the American Diabetes Association guidelines for reimbursable programs, NutriTutor® diabetes tutorials help learners to control weight, glucose, hyperlipidemia, and blood pressure in a low risk, self-paced environment. All programs come with a downloadable manual and customized meal plans using a proven weight loss system.

- Developed by registered dietitians, certified diabetes educators, and instructional designers
- Supply HIPAA-compliant clinician consultations/coaching when desired
- Report affective and learning outcomes

Our Platform for Third Party Payers

The NutriTutor® medical platform is designed to supply flexible company-centric options. Refer patients directly to NutriTutor® or brand your own turnkey patient education; charging a copayment as desired. Our interactive programs virtually eliminate the need for clinician intervention by supporting the development of both technical and problem-solving skills. When desired, clinician consultations can be

added from any location and any company supplying integrated care using an administrative site that displays learner progress and outcomes. These same outcomes, combined with clinician charting, are later shared with patients' physicians in a HIPAA secure electronic environment.

NutriTutor® helps your company:

- Save considerably on client training
- Safeguard your assets from avoidable claims
- Charge learners a copayment as desired
- Secure client loyalty
- Gain a competitive edge with physician practices wishing to become diabetes medical homes
- Support electronic healthcare integration

Your company has options:

- Refer clients to NutriTutor.com for training or ...
- Offer branded training from your own website
 - Highlights your company on every learning page
 - Encourages regular traffic to your website
- Charge your own price for training or offer as a free service to your clients
- Add clinician assistance as desired from NutriTutor®, your staff, or any other company
- Determine if clinician consultations will be face-to-face, telephonic, or video chat

Endorsements



NutriTutor® Mission

We promise quality and integrity in all that we do. Companies will receive superior service, and people suffering from chronic diseases will have their best chance at restoring health. Our goals are to improve public access to increased quality, lower priced medical disease self-management training.

Heart Healthy program coming soon

Programs and Fees

Core Services	Diabetes Tutorials	
	Diabetes Diet Education	Diabetes Self-Management Program (comprehensive)
Learn how to control weight, glucose, blood pressure, and cholesterol through diet and nutrition	✓	✓
Learn diabetes and weight management; illness, physical activity, medications, common barriers, travel, and laboratory test results		✓
Learn proper technique for injections and glucose self-monitoring		✓
Receive customized meal plans	✓	✓
Build confidence & develop technical / problem-solving skills	✓	✓
Engage with multi-media content	✓	✓
Download a reference manual	✓	✓
Obtain goal-setting support	✓	✓
Receive plenty of time to learn	2 months	6 months
Other Services		
Registered Dietitian / Certified Diabetes Educator telehealth sessions may be purchased as part of the contract, or let learners order and self-pay as needed.	\$69 each	
Branded learning portal customized to your logo and contact information on every learning page. (When not ordered, patients access training through www.nutritutor.com .)	\$300	

<p>Administrative Site for your own clinicians to view patient progress, behavioral goals chosen, and learning / affective outcomes. <i>Requires evidence of HIPAA approval process.</i> (Do not select this option when you order NutriTutor® clinicians.)</p>	<p><u>\$450/year</u></p>
<p>Outcomes Reporting</p>	
<p>Standard Company Report</p>	<p>Company receives collective pre- and post-test results.</p>
<p>Customized Company Report</p>	<p>Receive Standard Outcomes Report plus any or all of the following:</p> <p>When acting as a HIPAA-approved healthcare provider; receive learner-specific pre- and post-test results, pre- and post-affective survey results, and/or clinician documentation and behavioral goals through HIPAA secure electronic media.</p> <p>Collective pre- and post-affective test results.</p>
<p>Group Plans (choose one)</p>	<p>Training Costs</p>
<p>Multi-User License: <i>When you cannot accurately estimate learner numbers.</i> The number of actual learners will later be reconciled against the contract; which contains latitude. Charge learners your own price for training as desired.</p> <p><i>Learners access training through www.nutritutor.com, or you can offer branded training from your website.</i></p>	<p>Diabetes Self-Management Program <u>\$187 per learner</u></p> <p>Diabetes Diet Education Program <u>\$55 per learner</u></p>
<p>Pay-per-Learner: <i>When you can accurately estimate learner numbers.</i> The number of actual learners will later be reconciled against the contract as needed. Charge learners your own price for training as desired.</p> <p><i>Learners access training through www.nutritutor.com or offer branded training from your own website.</i></p>	<p>Call for customized quote</p>

<p>Purchase Software: Supply branded training from your own server for total control over programming and content.</p>	<p>Call for quote</p>
<p>Wellness Plan: Allow your staff to enjoy better health while you receive a proven return on investment of \$4.34 for every dollar spent.</p>	<p>Diabetes Self-Management Program \$ <u>1.76</u> Per Employee Per Month</p> <p>Diabetes Diet Education Program \$ <u>1.17</u> Per Employee Per Month</p>

All group plans require that you protect the learning access code.

Do you want to reimburse NutriTutor® diabetes training for your clients?

Call us at 888-899-1924

